



#### **Gisha Center**

Handling our teens at risk with a Better Approach



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to the Gisha Center
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# Recommendations De Commendations



Rabbi Yeshaya Vebber

Head of Machon Yad Tsvi
One of the leading Educators in
Israel

I must say that Rabbi Chaim Katz is running today programs that are saving souls of Youth at risk in Israel - for years I didn't come across such a good program



Rabbi Yitschok Rozenblat

Moire Tesedek of the Edah Charedit in Jerusalem

Rabbi Chaim Katz, is doing unique therapeutic work with teens in our community.

Hashem will bless all of the supports of "Merkaz Geisha" and they will for sure see much Nachas from their own children.

### Who are we:

The Gisha center (Merkaz Gisha) is a Wilderness & Adventure Center located in Yerushalyim, treating teens at risk in Israel by using Adventure and wilderness therapy.

This method has been used around the world and has proven and great success in chancing the behavior of teens at risk - and bringing them back to main stream society.

The Gisha center is the first and only place that currently is using this method in the Chareidi community

Our staff is fully trained qualified and licensed.



Chaim Katz
Wilderness therapist
Director



Tani Phorero (MA)
Team builder - Wilderness therapy



Yosef Doron
Risk management
and survival Skills Teacher



Meir Derbarmdicker
Hard Skills - Low rope course
Manager - Rappelling instructor

### Adventure Therapy

Forming a Group and building trust within the group.





















## What is Adventure Therapy?

- Adventure therapy is a form of experiential therapy that is used in conjunction with other therapeutic approaches to treat clients.
- Adventure therapy utilizes a combination of experiences with associative processes of reflection as the tools for change.
- Adventure therapy can include initiatives that a group may have to solve together, challenge course activities, and extended wilderness trips.
- Adventure therapy allows patients to be active participants in the therapeutic process, and they are given opportunities to develop new behaviors and coping mechanisms.
- Adventure therapy integrates an unfamiliar adventure setting with an element of physical and emotional challenge.

#### Wilderness Therapy -

The ultimate way of helping youth in risk



































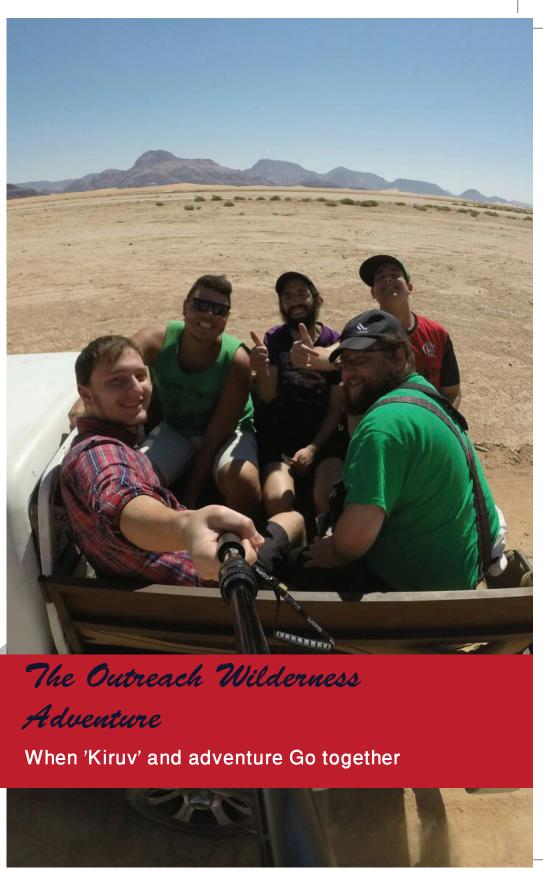


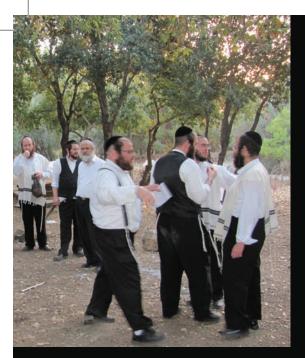






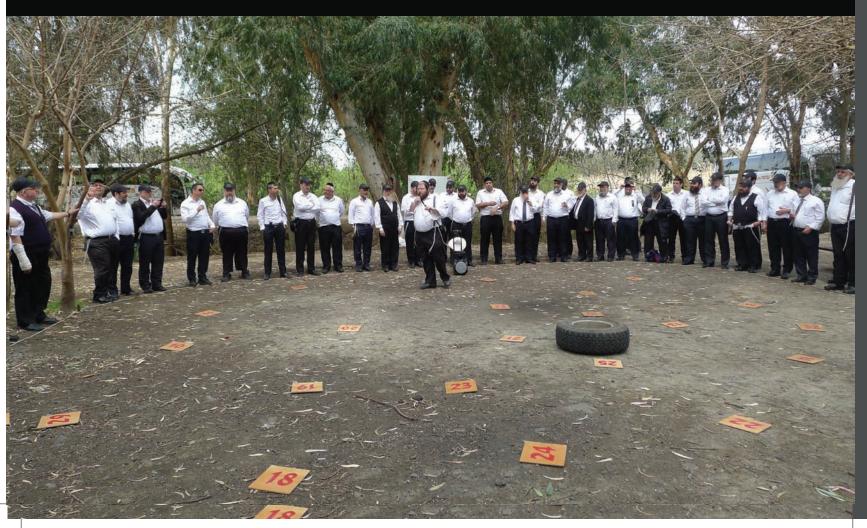






## Spreading the word - Teacher training.









R' Chaim Katz
(London 1979)

Is a wilderness & adventure therapist (WAT)
And the head of the Gisha Center (Merkaz Gisha) that is running programs for the Haredi community in Israel.
He has 17 year of experience of working with youth at risk in Israel and the UK.
In 2013 he opened the Gisha Center.

## Gisha center – lets lead our teens to a change

The Gisha Center is a Non-Profit Organization that is developing its programs through contributions that are needed to advance the movement.

Every donation will further the development and outreach of the programs and help children and youth in the unique wilderness and adventure therapy method.

To Learn more about us Please visit: Gisha-center.com





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